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[kairosnw.org](http://kairosnw.org)

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# KAIRoS

The moment when change is possible

## Letter from the CEO

Spring 2017

Each year, we use the spring newsletter to thank our wonderful supporters. We have many thanks to give as we look back at 2016.

This past year was eventful as we achieved significant goals to strengthen our infrastructure and support the larger program Kairos has become. We have had teams working to evolve administrative practices related to Human Resources, Program Management, Procurement, Training, Quality Systems, and Agency Culture. Throughout this process, we maintained our intense focus on the strengths and needs of the young people and families we serve and support, and we have continued to achieve solid positive outcomes. As a result, we are a stronger organization than we were a year ago.

Our community partners have responded to our efforts by working in collaboration with us on important developments:

- In Coos County, we implemented a Mobile Youth Crisis Response Unit (MY-CRU). In its first seven months, MY-CRU responded to more than 100 emergency calls from families with young people in crisis. Averaging 68 minutes per call, the staff successfully prevented more than 90 youth from going to the ER.
- We've been the local host for the Self-Healing Community Initiative in the Rogue Valley, organizing 60 trainings of more than 2,500 professionals on the latest science regarding the impact of adversity on children and across the lifespan as well as how to build resilience to overcome its toxic effects.

We've entered a partnership with Washington State University to learn its groundbreaking model, Collaborative Learning for Educational Achievement & Resilience (CLEAR), which helps schools respond to children suffering from overwhelming stress and trauma—and achieve better academic outcomes—in a pilot project at Lincoln School in Grants Pass.

We responded to requests from Care Oregon and Jackson Care Connect to become their cornerstone children's outpatient mental health provider in Jackson County. A thorough process of due diligence led to contracting on and opening an innovative outpatient program using a family practice model that serves young people in home and community settings and the office.

This work would not be possible without the extraordinary efforts of an extremely talented, skilled, and dedicated group of leaders and staff, some of whom have moved to Southern Oregon expressly to work for Kairos. To them, the children and families owe great thanks. We could not have done this without the enduring support of all of you (individuals, businesses, and foundations) who believe in what we do and stand by us through thick and thin. Thank you all so much for being there for the agency, staff, and—most importantly—the children, young adults, and families.

—Bob Lieberman

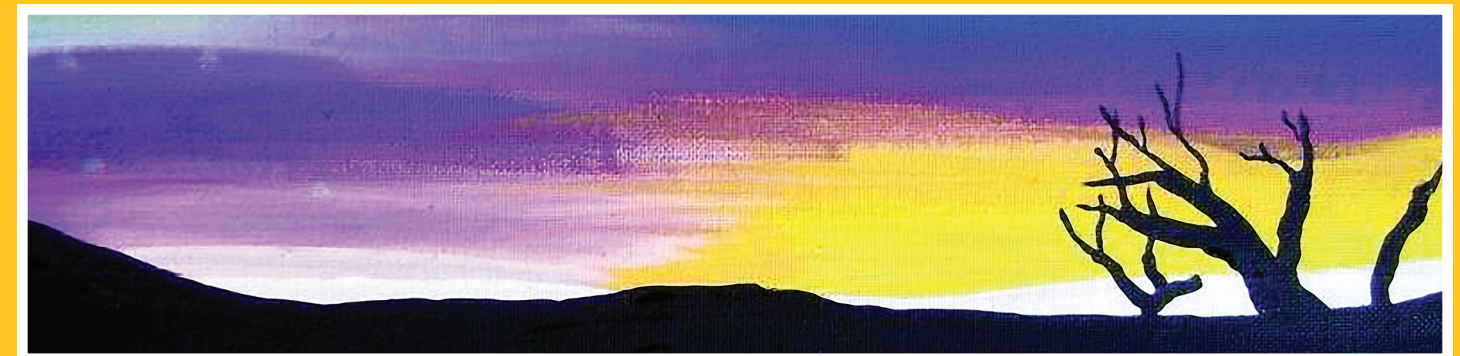
We would like to take this opportunity to thank our Board of Directors for their time, service, and commitment to our agency.

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We wish to thank the following Foundations for helping us meet our goals of enhancing the lives of those we served in 2016.

### Coastline Community Capacity Campaign

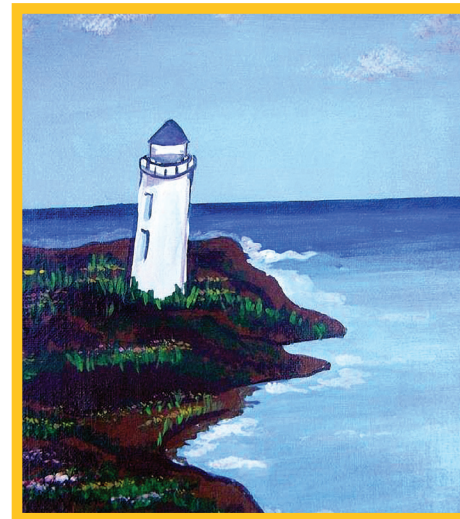
M.J. MURDOCK CHARITABLE TRUST	\$250,000
THE COLLINS FOUNDATION	\$60,000
THE OREGON COMMUNITY FOUNDATION	\$50,000
WESTERN OREGON ADVANCED HEALTH	\$200,000

### General Operating

GORDON ELWOOD FOUNDATION	\$10,000
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### School Community Team

REED AND CAROLEE WALKER FUND OF THE OCF	\$40,000
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## Moments of Hope on Tour



**MOMENTS OF HOPE** is a tempered glass mosaic presenting a collage of art and images created by young people who have struggled with overwhelming stress, adversity, and trauma in their lives thus far. Local artist Jill McAlvage Smith transformed these fragile, discarded, and broken remnants into an integrated and inspirational piece of art to help raise awareness about mental wellness.

Research shows that chronic stress in childhood impedes brain development and leads to significant problems with coping, relating, and thinking. We also know from the research that the brain changes with experience. Young people who have suffered stress and trauma can develop confidence and self-worth, recover, and go on to live a healthy and productive life. Artistic expression is one vital, powerful way young people can express themselves and gain hope.

To help raise awareness, the Moments of Hope mosaic is currently traveling around Southern Oregon. Its first location was at Evergreen Federal Bank in the downtown Grants Pass area. Next, it will be moving to the Coast this spring. If you would like to display this one-of-kind mosaic at your business, please contact Mary Lynne DeRocher at [mlderocher@kairosnw.org](mailto:mlderocher@kairosnw.org).

## Thanks So Much to All of Our Donors!

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